



## Kentucky 4-H Achievement Profile Directions with *My Hints*:

Purpose: The Kentucky 4-H Achievement Profile page is designed to provide judges a **glimpse** of your 4-H career, and how **4-H has impacted you**. Each area should be readable and **concise**, meaning short, brief and to-the-point.

Please read the entire document before completing your profile. Update your profile with each new submission of your Achievement application annually.

1. Complete each section based upon the heading.
2. Box 1 upper left box: Delete all the words in the photo box. Insert a photo of yourself. The picture should be a recent headshot.

*Hint: Just a recent photo of you should appear in this box...no words!*

3. Box 2: Leave the "Feature Story" caption. Using a **12-point font** in either **Times New Roman** or **Arial**, describe your feature 4-H story. Describe what makes your 4-H story and experience unique. **Do not expand the box area.**

*Hint: If I was writing about your 4-H career or 4-H life, what is the human-interest feature or "angle" of the story? For example: 4-H brought a very shy, quiet individual out of his/her shell. That is who John/Jane Doe was at the age of 9 taking his/her first steps into what would become the avenue for leading club meetings as club president or scheduling programs and presentations as the club vice president so that club members would learn about all the opportunities the community offered. 4-H did that for me.*

*Or...4-H gave me an avenue to display my craft skills and craft work. So now I entered my artwork or crafts in my county fair each and every year. I love it!*

4. Box 3: Leave the "Top 4-H Projects" caption. Using a **12-point font** in **Times New Roman** or **Arial**, explain the top 4-H projects in which you are involved. **Do not expand the box area.**

*Hint#1: Some 4-H members have only one main project like 4-H Horse Project or 4-H Livestock Project others have several 4-H projects that may supplement their main project like: 4-H Horse Project and 4-H Photography Project and 4-H Arts & Crafts Project... or 4-H Livestock Project and 4-H Field Crops Project and 4-H Veterinary Science Project...*

*Hint#2: Don't just list your project(s) **explain** them. For example, I've always loved horses from the time my grandpa put on a pony at the age of 2. I completed the 4-H Photography Project because I love taking photos of animals in the field or the beautiful landscape of our farm.*

5. Box 4: Leave the “Outstanding 4-H Honors and Awards” caption. Using a **12-point font** in **Times New Roman** or **Arial**, describe the top awards that you have received in the 4-H program. **Do not expand the box area.**

*Hint...Be sure to list your most meaningful awards especially if they are state awards or top club or county awards. For example: This past fall, I received the top award in my county 4-H program by being selected the Outstanding 4-Her for M County. Last year, my 4-H Horticulture exhibit won overall champion honors at the county fair.*

6. Box 5: Leave the “How has 4-H influenced you?” caption. Using a **12-point font** in **Times New Roman** or **Arial**, explain how your involvement in 4-H has made an impact on your life? **Do not expand the box area.**

*Hint: You want to show that 4-H is leading toward a successful future. For example: As I have advanced from year to year in 4-H, I have gained more experience and become more confident in myself. I aspire for better grades due to my goal to someday be a doctor or veterinarian...*

7. Box 6: Leave the “My 4-H Clubs” caption. Using a **12-point font** in **Times New Roman** or **Arial**, note the 4-H clubs in which you are an active member. **Do not expand the box area.**

*Hint: Think about your 4-H career, were you a member of a classroom club at your elementary school? For example: I was a member of my M Elementary School 4<sup>th</sup> grade classroom 4-H club before I joined the 4-H Shooting Sports club.*

